

## **Running Up the Score**

Running up scores is discouraged. A margin of 5 goals is sufficient to ensure a win. Please have your teams prepared in the event you end up playing a lesser team. Having your team play keep-away can be more insulting to a beaten team than a high score. Both are generally unacceptable. If your team is clearly the superior team, keep your team in your defensive half and after five or six controlled touches, boot the ball back to the other team's defensive half and let them bring it up again. The idea is to perform this task as graciously as possible without making it verbally obvious.

Talk to your team at training sessions about possible ways to keep from running up the score so they KNOW it's not a punishment if you change tactics during a game. Another idea is to assign one player as your scoring player - no one else may take shots on goal and everyone else should pass to that player. This suggestion may also help a player who needs encouragement to become more involved in the game.

Question - So what if you don't hold down the score?

Answer – You will get a call from the Region Coach Administrator. If it's still a problem after that, you'll get a call from the Commissioner. We take notes, and discuss behaviors, and provide you with methods to keep the score in check.

IF this does not help and a coach still feels the need to run up their scores, then we will institute a 5 goal maximum against that team and the team will lose points for every goal scored above a 5 goal lead.

Any coach that cannot play within region rules will be asked to leave the program.